



NOVEMBER 1 – DECEMBER 6, 2016
TUESDAY MORNINGS, 9:30-10:45 AM

PARENT GROUP: WHEN YOUR KIDS HAVE CHALLENGES

When your children have struggles, it affects them, as well as you and the entire family. Some of these challenges might be short-term and correct over time. Other challenges may be around for a long time, maybe even into adulthood.

This group is for parents who are working on figuring out their children's issues, and how to best handle situations that come up in parenting. This will be a safe, CONFIDENTIAL place to talk with other parents who are in a similar situation. A place to get ideas on working with your child's issues, and also to learn how to "sit with" these difficulties and stay calm, when you might not feel that way. It takes a lot of energy to be there for your kids, and maybe this would be a gift to yourself.

The group is run by Lynn Denton, LCSW, who has an extensive background in working with children who have learning, emotional and school issues. She also works with adults on parenting strategies.

Talk with other parents whose kids have challenges (such as learning difficulties, emotional or social issues)

Safe, confidential environment

Maximum of 6 parents per group, \$240 per person for 6 sessions

Contact Lynn with questions or to sign up

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